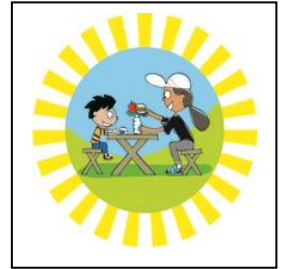


June 2017



Worcester Public Schools
 where all student meals are served free
 must take 3 of 5 including fruit or vegetable, may take all)



Classroom Breakfast Weekly Rotation (in lieu of Before the Bell)
all children in attendance are served breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
4 oz. 100% Juice Fresh Fruit in Season Assorted Whole Grain Cereals Graham Cracker Pack 8 oz. Bottled Milk: 1% or Skim	4 oz. 100% Juice Fresh Fruit in Season Cinnamon French Toast Sticks 8 oz. Bottled Milk: 1% or Skim	4 oz. 100% Juice Fresh Fruit in Season Assorted Whole Grain Cereals Graham Cracker Snack 8 oz. Bottled Milk: 1% or Skim	4 oz. 100% Juice Fresh Fruit in Season Whole Grain Seasonal Muffin 4 oz. Fruited Yogurt 8 oz. Bottled Milk: 1% or Skim	4 oz. 100% Juice Fresh Fruit in Season Assorted Whole Grain Cereals Graham Cracker Snack 8 oz. Bottled Milk: 1% or Skim

As served at: Belmont, Burncoat Street Prep, Canterbury, Chandler Elementary, Chandler Magnet, City View, Clark Street, Columbus Park, Elm Park, McGrath, Gates Lane, Goddard, Grafton Street, Jacob Hiatt, Lake View, Lincoln Street, Quinsigamond, Rice Square, Union Hill, Vernon Hill, Wawecus, and Woodland Academy.

Before the Bell Breakfast Weekly Rotation

Monday	Tuesday	Wednesday	Thursday	Friday
4 oz. Orange Juice Assorted Fruit Selections Egg and Cheese Slider On Whole Grain Bun OR Assorted Whole Grain Cereals Graham Cracker Pack 8 oz. Bottled Milk: 1% or Skim	4 oz. Orange Juice Assorted Fruit Selections Seasonal Muffin 4 oz. Fruited Yogurt OR Assorted Whole Grain Cereals Graham Cracker Pack 8 oz. Bottled Milk: 1% or Skim	4 oz. Orange Juice Assorted Fruit Selection <i>Texas Style Whole Grain</i> Cinnamon French Toast Sticks OR Assorted Whole Grain Cereals Graham Cracker Pack 8 oz. Bottled Milk: 1% or Skim	4 oz. Orange Juice Assorted Fruit Selection Seasonal Muffin 4 oz. Fruited Yogurt OR Assorted Whole Grain Cereals Graham Cracker Pack 8 oz. Bottled Milk: 1% or Skim	4 oz. Orange Juice Assorted Fruit Selection Whole Grain Maple Waffles with Chicken Sausage OR Assorted Whole Grain Cereals Graham Cracker Pack 8 oz. Bottled Milk: 1% or Skim

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
May 29, 2017	May 30, 2017	May 31, 2017	June 1, 2017	June 2, 2017
	Beef Hot Dog Whole Grain Hot Dog Bun Mustard <i>Mild</i> Hot Dog Chili Taco Beans Carrot Sticks Fresh Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>	<i>Chef's</i> Beef Taco Bowl with Cheddar and Salsa Nacho Chips <i>Fresh</i> Corn Salad Assorted Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>	Grilled Cheese on Whole Grain <i>or</i> <i>Fresh</i> Tuna Salad on Whole Grain Hamburger Bun <i>with</i> Broccoli Florets Vegetable Dippers Assorted Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavor Plain</i> <i>and Assorted Flavors</i>	<i>Fresh</i> Cheese Pizza Special Vegetable Dippers Vegetable Dippers Assorted Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>
June 5, 2017	June 6, 2017	June 7, 2017	June 8, 2017	June 9, 2017
Chicken Nuggets Whole Grain Mini Biscuit <i>Fresh</i> Corn Salad Carrot Sticks Fresh Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>	Mini Corn Dogs and School Choice (pro/grain) Mustard <i>Fresh</i> Corn Salad Broccoli Florets Fresh Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>	<i>Chef's</i> Meatball and Sauce Bowl with Whole Grain Mini Sub Roll Fresh Three Bean Legume Salad Vegetable Dippers Assorted Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>	Grilled Cheese on Whole Grain <i>or</i> <i>Fresh</i> Turkey Ham and Mozzarella on Whole Grain French Bread <i>with</i> Vegetable Dippers Vegetable Dippers Assorted Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>	<i>Fresh</i> Cheese Pizza Special Vegetable Dippers Vegetable Dippers Assorted Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>

Monday	Tuesday	Wednesday	Thursday	Friday
June 12, 2017	June 13, 2017	June 14, 2017	June 15, 2017	June 16, 2017
Chicken Nuggets Whole Grain Mini Biscuit Fresh Corn Salad Carrot Sticks Fresh Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>	Beef Hot Dog Whole Grain Hot Dog Bun Mustard Mild Hot Dog Chili Taco Beans Broccoli Florets Fresh Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>	<i>Chef's</i> Beef Taco Bowl with Cheddar and Salsa Nacho Chips Turtle Bean Salad Assorted Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>	Grilled Cheese on Whole Grain <i>or</i> Fresh Chicken Salad on Whole Hamburger Bun <i>with</i> Vegetable Dippers Vegetable Dippers Assorted Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavor</i>	<i>Fresh</i> Cheese Pizza Special Vegetable Dippers Vegetable Dippers Assorted Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>
June 19, 2017	June 20, 2017	June 21, 2017	June 22, 2017	June 23, 2017
Chicken Nuggets Whole Grain Mini Biscuit Fresh Corn Salad Carrot Sticks Fresh Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>	Mini Corn Dogs Mustard Broccoli Florets Mild Hot Dog Chili Taco Beans Fresh Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>	<i>Fresh</i> Tuna Salad on Whole Grain Hamburger Bun <i>or</i> <i>Fresh</i> Turkey Ham and Mozzarella on Whole Grain French Bread <i>with</i> Vegetable Dippers Vegetable Dippers Assorted Fruit in Season 8 oz. Bottled Milk <i>Plain and Assorted Flavors</i>		

After School Snack Weekly Rotation

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Snack 8 oz. Bottled Milk <i>Assorted Flavors</i>	Whole Grain Snack 8 oz. Bottled Milk <i>Assorted Flavors</i>	Whole Grain Snack 8 oz. Bottled Milk <i>Assorted Flavors</i>	Whole Grain Snack 8 oz. Bottled Milk <i>Assorted Flavors</i>	Whole Grain Snack 8 oz. Bottled Milk <i>Assorted Flavors</i>

In addition to the regular menu, the following BUNDLE will also be available daily:

Sunbutter and Jelly with Whole Grain Bread / 4 oz. Yogurt Cup / Vegetable and Fruits per Menu / 8 oz. Bottled Milk Selections

****** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK ******

***** MENU SUBJECT TO CHANGE.**

***** USDA is an equal opportunity provider and employer.**



Please check out our refrigerated summer meal truck schedule for FREE meals and FUN all summer long!

<http://worcesterschools.org/>